



**Rule 5122-29-15 | PEER RECOVERY SERVICES.** *Ohio Administrative Code: Requirements & Procedures for Behavioral Health Services*

- A) Peer support services are services for individuals with a mental illness, intellectual or developmental disabilities, or substance use disorders and their caregivers and families.
- B) Peer support services consist of activities that promote resiliency and recovery, self-determination, advocacy, well-being, and skill development. Peer support services are individualized, resiliency and recovery focused, and based on increasing knowledge and skills through a peer relationship that supports an individual or family's ability to address needs, navigate systems and promote recovery, resiliency, and wellness. They promote family driven, youth guided, trauma informed care and cultural humility, encourage partnership with individuals and families, and advocate for informed choice.
- C) For the purposes of this rule, the following definitions apply:
  - 1. **"Recovery"** means the personal process of change in which an individual strives to improve their health and wellness, resiliency, and reach their full potential through self-directed actions.
  - 2. **"Resiliency"** means the ability to recover from setbacks, adapt well to change, and keep going in the face of adversity. It is the process of adapting well in the face of adversity, trauma, tragedy, threats, or significant sources of stress such as family and relationship problems, serious health problems, or workplace and financial stressors.
  - 3. **"Wellness"** means a broad approach for things individuals can do at their own pace, in their own time, and within their own abilities, that can help them feel better and live longer.
- D) Peer support services may include, but are not limited to:
  - 1. Ongoing exploration of recovery, resiliency, and wellness needs;
  - 2. Supporting individuals and their caregivers and families in achieving goals through increased knowledge, skills and connection as identified by the individual or family;
  - 3. Encouraging hope;
  - 4. Supporting the development of life skills;
  - 5. Developing and working toward achievement of individualized recovery, resiliency, and wellness goals;
  - 6. Modeling personal responsibility for resiliency, recovery and wellness;
  - 7. Teaching and coaching skills to effectively navigate systems to effectively and efficiently utilize services;
  - 8. Addressing skills or behaviors, through processes that assist an individual, caregiver, or family in eliminating barriers to achieving or maintaining recovery, resiliency, and wellness;
  - 9. Assisting with accessing and developing natural support systems;
  - 10. Promoting coordination and linkage among providers;
  - 11. Coordinating or assisting in crisis interventions and stabilization;
  - 12. Conducting outreach and community education;
  - 13. Attending and participating in team decision making or specific treatment team; or,
  - 14. Assisting individuals, caregivers, or families in the development of empowerment skills through advocacy and activities that mitigate discrimination and inspire hope.
- E) Providing services in a culturally inclusive and competent manner which includes not practicing, condoning, facilitating, or collaborating in any form of discrimination on the basis of ethnicity, race, gender, sexual orientation, age, religion, national origin, marital status, political belief, or mental or physical disability.
- F) Peer support services are not site specific but shall be provided in locations that meet the needs of the individual, caregiver, or families.
- G) Peer support services may be facilitated to individuals, families, or groups.
- H) Peer support services shall be provided a person certified in accordance with in rule 5122-29-15.1.
- I) Peer support services providers shall report for any certified peer supporter employed by or volunteering with the provider to the Ohio department of mental health and addiction services any events that would disqualify the certified peer supporter pursuant to rule 5122-29-15.1 of the Administrative Code.



**HRN PRSS HUMAN RESOURCE POLICY INDEX: SECTION I) C. 1.**  
**SECTION 340.032 CONTINUUM OF CARE AND PEER SUPPORT RELATED CODE**



**OHIO LAWS & ADMINISTRATIVE RULES**  
 LEGISLATIVE SERVICE COMMISSION

**Section 340.032 | ESTABLISHMENT OF COMMUNITY-BASED CONTINUUM OF CARE** *(Chapter 340 Ohio Revised Code)*

Subject to rules adopted by the director of mental health & addiction services after consultation with relevant constituencies as required by division (A)(10) of section **5119.21** of the Revised Code, each board of alcohol, drug addiction, and mental health services shall do all of the following:

- (A) Establish, to the extent resources are available, a community-based continuum of care that includes all of the following:
  - (1) Prevention and wellness management services
  - (2) At least both of the following outreach and engagement activities:
    - (a) Locating persons in need of addiction services and persons in need of mental health services to inform them of available addiction services, mental health services, and **recovery supports**;
    - (b) Helping persons who receive addiction services and who receive mental health services obtain services necessary to meet basic human needs for food, clothing, shelter, medical care, personal safety, and income.
  - (3) Assessment services;
  - (4) Care coordination;
  - (5) Residential services;
  - (6) At least the following outpatient services:
    - (a) Non-intensive;                      (b) Intensive, such as partial hospitalization and assertive community treatment;
    - (c) Withdrawal management;      (d) Emergency and crisis.
  - (7) Where appropriate, at least the following inpatient services:
    - (a) Psychiatric care;                      (b) Medically managed alcohol or drug treatment.
  - (8) **At least all of the following recovery supports:**
    - (a) **Peer support**;
    - (b) A wide range of housing and support services, including recovery housing;
    - (c) Employment, vocational, and educational opportunities;
    - (d) Assistance with social, personal, and living skills;
    - (e) Multiple paths to recovery such as twelve-step approaches and parent advocacy connection;
    - (f) Support, assistance, consultation, and education for families, friends, and persons receiving addiction services, mental health services, and **recovery supports**.
  - (9) In accordance with section **340.033** of the Revised Code, an array of addiction services and recovery supports for all levels of opioid and co-occurring drug addiction;
  - (10) Any additional elements the department of mental health and addiction services, pursuant to section **5119.21** of the Revised Code, determines are necessary to establish the community-based continuum of care.
- (B) Ensure the rights of persons receiving any elements of the community-based continuum of care are protected;
- (C) Ensure that persons receiving any elements of the community-based continuum of care are able to utilize grievance procedures applicable to the elements.

**Section 340.033 | MINIMUM TREATMENT AND SUPPORT SERVICES OPTIONS** *(Chapter 340 Ohio Revised Code)*

The array of **addiction services and recovery supports for all levels of opioid and co-occurring drug addiction required** by section **340.032** of the Revised Code to be included in a **community-based continuum of care** established under that section shall include at least ambulatory and sub-acute detoxification, non-intensive and intensive outpatient services, medication-assisted treatment, **peer support**, residential services, recovery housing pursuant to section **340.034** of the Revised Code, and multiple paths to recovery such as twelve-step approaches. The services and supports shall be made available in the service district of each board of alcohol, drug addiction, and mental health services, except as provided by either of the following:

- (A) Sub-acute detoxification and residential services may be made available through a contract with one or more providers of sub-acute detoxification or residential services located in other service districts.
- (B) To the extent authorized by a time-limited waiver issued under section **5119.221** of the Revised Code, ambulatory detoxification and medication-assisted treatment may be available through contract with one or more community addiction services providers located not more than 30 miles beyond the borders of the board's service district.

The services and supports shall be made available in a manner that ensures that recipients are able to **access the services and supports they need for opioid and co-occurring drug addiction in an integrated manner** and in accordance with their assessed needs when changing or obtaining additional addiction services or recovery supports for such addiction. An individual seeking a service or support for opioid and co-occurring drug addiction included in a community-based continuum of care shall not be denied the service or support on the basis of the individual's prior experience with the service or support.